

CHARLES J. SAHS SCHOOL
AFTER SCHOOL PROGRAMS, ACTIVITIES, AND SPORTS 2017 – 2018

NOTES FOR ALL STUDENTS PARTICIPATING IN EXTRA-CURRICULAR ACTIVITIES:

- Students must have a parental permission form on file in order to be able to participate in any After School Program and/or Sport.
- Students must be eligible each week in order to participate.
- Athletic activities will require students to have a Sports Physical on file.



EAGLE HOUR

Description: Eagle Hour is a homework assistance program for students who wish to get assistance with homework. Students may attend any day Mon. – Thurs that they need assistance.

Available for: 6th – 8th grade students

When: Offered Monday-Thursday from 3:00 – 4:00 P.M.

AFTER SCHOOL LIBRARY

Description: Students may attend to read and take STAR tests, study, and complete homework and use resources available. Students must use this time for the above purposes and not for recreational purposes.

Available for: Grades 1-3 Monday, Wednesday, and Friday
Grades 4-8 Tuesday and Thursday

When: After school from 3:00 – 4:00 P.M. (Refer to days of the week available for each grade level)



ACADEMIC SUPPORT Programs

Description: Students may be referred to participate in homework assistance and academic support programs

Available for: Students in various grade levels, based on teacher recommendations

When: Offered Monday-Thursday from 3:00 – 4:00 P.M.

CLUBS AND ACTIVITIES

ACE ACTIVITIES

Description: A variety of ACE (After Class Enrichment) activities will be offered in the Fall and Spring.

Available for: Different grade levels

NOTE: Information will be sent home in the Fall and Spring providing more information for the activities that will be offered each session.

STUDENT COUNCIL

Description: Members of Student Council will develop leadership skills and assist in planning special events and activities for the students

Available for: 4th – 8th grade students; elections for representatives will be held in September

When: Students meet once a week

PEER-TUTORING

Description: Students will provide assistance to younger students under the supervision of a staff member

Available for: 4th – 8th grade students

When: Dates will be scheduled throughout the year

NOTE: Information will be sent home for students who are interested in joining



SAHS SCOOP – School Newspaper

Description: Students will work to write and publish a school newspaper

Available for: 6th – 8th grade students

When: Dates will be scheduled throughout the year

NOTE: Information will be sent home for students who are interested in joining.

SAHS YEARBOOK

Description: Students will work to produce our school yearbook

Available for: 8th grade students

When: Dates will be scheduled throughout the year

NOTE: Information will be sent home for students who are interested in joining



COMEDY IMPROV TROUPE

Description: Students will collaboratively write and perform humorous skits that teach social skills.

Available for: 5th – 8th grade students

When: Tuesdays

NOTE: Information will be sent home for students who are interested in joining

ATHLETIC ACTIVITIES

Note: Informational meetings will take place for students to attend prior to each sport season beginning and then students may try out for the teams.

INTERSCHOLASTIC SPORTS

- Girls' Basketball (Fall Season) – Students in grades 5th – 8th
- Boys' Basketball (Winter Season) – Students in grades 5th – 8th



Where: We participate in the Clyde Park District Conference. Games will be held at Czestochowa Social Center in Cicero

- Co-Ed Boys and Girls Softball (Spring Season) – Students in grades 7th-8th

Where: Games will be held at Janura Park in Berwyn.



CHEERLEADING

● 2nd-grade EAGLETES

- **Description:** The opportunity to become Eaglette cheerleaders and cheer at many of the girls' basketball games.
- **Available for:** 2nd grade students
- **When:** during Girls' Basketball – Fall Season



● JUNIOR HIGH CHEERLEADING

- **Description:** The opportunity to become a Sahs Cheerleader and cheer at many of the boys' basketball games
- **Available for:** 7th and 8th grade students
- **When:** During Boys' Basketball – Winter Season

EVENING OPEN GYM

Description: Opportunity for physical activity

Available for:

- Grades 5-8 - 5:00 – 6:00 P.M. (ONLY on Wednesdays that are not designated as Family Open Gym)
- High School Students/Adults - 6:00 – 8:00 P.M

When: Wednesdays – September 6th – April 25th

NOTE: High school students and adults must be a Central Stickney resident and show ID. * **Check the school calendar on the website for dates when no after school activities will be held.**

FAMILY ACTIVITIES

FAMILY SWIM

Description: Opportunity for parents and students to utilize the Sahs pool!

Available for: All Central Stickney residents (must bring ID.) Students in grades 2nd and under MUST have a parent in the water with them.

When: Family swim will be offered on various days throughout the year. Look for flyers that will specify the days for Family swim.



FAMILY OPEN GYM

Description: Opportunity for parents and students to utilize the gym for physical activity

Available for: All Sahs students and parents to participate together

When: First Wednesday of each month from 5-6 P.M. (Sept. 6th, Oct. 4th, Nov. 1st, Dec. 6th, Jan 10th, Feb. 7th, March 7th, April 11th.)

