




NETSMARTZ

TECH TIPS

Want to learn how to check your child's browser history, use Facebook's privacy settings or report cyberbullying on Twitter? Check out these websites for information and how-to videos so you can be as tech savvy as your child.




INSTRUCTIONAL VIDEOS AND GUIDES

- **www.howcast.com/categories/2-tech**
Videos include "How to Use Twitter," "How to Use Facebook" and "How to Use an iPhone."
- **www.fosl.org/good-digital-parenting**
Information and tips for parents about specific websites and apps.

WEBSITE HELP CENTERS

- **www.facebook.com/help**
Learn how to manage your child's account and report problems.
- **support.twitter.com**
Find out how to use Twitter and protect your child's privacy.
- **<https://support.google.com/youtube>**
Read about YouTube's safety policies and how to report inappropriate content.
- **www.google.com/safetycenter**
Browse through videos and articles for advice on using Google's safety tools and how to manage your family's safety online.
- **help.instagram.com**
Learn about the basics of this popular app and get tips for parents.
- **<https://support.snapchat.com>**
Understand how to use the app and what to do if your child is using it inappropriately.
- **<https://kikinteractive.zendesk.com>**
Read about the app and how to report problems.
- **<https://support.skype.com>**
Browse articles about securing your child's account and managing their privacy settings.
- **www.tumblr.com/help**
Learn about this blogging platform and how to manage your child's account settings.
- **<https://help.pinterest.com>**
Find out how to use Pinterest and secure your child's account.
- **help.meetme.com**
Get answers to your questions about controlling who sees your child's profile and how to report problems.
- **help.disney.com/clubpenguin**
Read about this popular game's rules and safety features.



Didn't find the answer to your question?
Visit www.NetSmartz.org

NetSmartz Workshop

A program of the
NATIONAL CENTER FOR MISSING & EXPLOITED CHILDREN
MISSING & EXPLOITED CHILDREN

PROTECTING YOUR KIDS ONLINE



TAKE CHARGE

Set some ground rules.

Establish basic guidelines like when your kids can go online, what sites they can visit, and how many texts they can send a month, so everyone is on the same page.

Research before you buy.

Did you know that handheld games can connect to the Internet or that many laptops have built-in webcams? Understand what technology you're bringing into your home.

Don't just sit there— REPORT!

If your kids are dealing with cyberbullies or potential predators, report them to the website, cell phone service, law enforcement, or www.cybertipline.com.

MONITOR

Supervise Internet use.

If you can see what your kids are doing, they're less likely to get in trouble.

Safeguards ≠ Safe Kids.

Installing CIA-level monitoring software on your kids' computers does not guarantee they'll be safe online. Technology can't replace your time and attention as a parent or guardian.

Don't go overboard.

It's smart to keep an eye on your kids' social networking profiles, but it's never cool when you post embarrassing messages or pictures to their page.

COMMUNICATE

Talk to your kids; they're not as mysterious as you think.

Your kids might not tell you everything, but that doesn't mean you shouldn't ask. Get involved so you're not the last to know.

Challenge them to a duel.

If you have kids who like to play video or computer games, ask if you can play, too. When you respect their interests, they're more likely to respect your rules.

Don't pull the plug.

Taking away your kids' Internet access because they've done something wrong doesn't solve the problem. Talk to them about protecting themselves and respecting others online.